



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 1

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

			Pro		CHO		Fat																
		Calories	(g)	% of Calories	(g)	% of Calories	(g)	% of Calories	Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Day: 1	Sum.	2925	103.9	14.2	488.8	66.9	68.1	21.0	161.5	50.09	3297	1,319.37	22.08	216.85	3.37	2.97	20.51	2.04	928.17	2.82	2060.1	2577.1	24.07
	Var.	124.6	40.9		113.8		(48.9)	21.0	(138.5)	25.09	(703)	419.37	(9.92)	141.85	2.17	1.67	4.51	0.74	528.17	0.42	760.1	1327.1	9.07
	% of Std.	104.4	164.9		130.3		58.2		53.8	200.35	82	146.60	69.00	289.13	281.00	228.15	128.18	156.54	232.04	117.54	158.5	206.2	160.49
Day: 2	Sum.	2874	91.7	12.8	466.1	64.9	77.6	24.3	174.8	34.47	3242	750.91	22.70	226.63	2.45	2.70	30.56	2.12	566.08	4.03	1955.0	1895.1	27.25
	Var.	74.3	28.7		91.1		(39.4)	24.3	(125.2)	9.47	(758)	-149.09	(9.31)	151.63	1.25	1.40	14.56	0.82	166.08	1.63	655.0	645.1	12.25
	% of Std.	102.7	145.6		124.3		66.4		58.3	137.86	81	83.43	70.92	302.17	204.42	207.69	191.03	163.00	141.52	168.04	150.4	151.6	181.64
Day: 3	Sum.	2932	107.9	14.7	447.7	61.1	87.3	26.8	325.8	48.85	3310	1,777.10	27.13	261.28	2.14	2.23	27.46	2.54	557.40	2.85	1770.2	2138.2	20.01
	Var.	131.9	44.9		72.7		(29.7)	26.8	25.8	23.85	(690)	877.10	(4.88)	186.28	0.94	0.93	11.46	1.24	157.40	0.45	470.2	888.2	5.01
	% of Std.	104.7	171.3		119.4		74.6		108.6	195.38	83	197.46	84.77	348.38	177.92	171.62	171.60	195.31	139.35	118.71	136.2	171.1	133.39
Day: 4	Sum.	2837	117.5	16.6	428.8	60.4	75.5	23.9	137.5	55.19	3077	1,661.57	25.99	256.62	2.94	3.47	28.31	3.16	926.22	6.55	2107.3	2177.9	36.99
	Var.	37.4	54.5		53.8		(41.5)	23.9	(162.5)	30.19	(923)	761.57	(6.01)	181.62	1.74	2.17	12.31	1.86	526.22	4.15	807.3	927.9	21.99
	% of Std.	101.3	186.5		114.3		64.5		45.8	220.74	77	184.62	81.23	342.16	244.75	266.62	176.91	242.77	231.56	273.00	162.1	174.2	246.58
Day: 5	Sum.	2890	104.7	14.5	438.6	60.7	89.2	27.8	215.7	42.55	2426	1,181.55	24.36	294.86	2.35	2.50	25.15	1.77	517.13	2.74	1849.8	1983.1	23.35
	Var.	89.5	41.7		63.6		(27.8)	27.8	(84.3)	17.55	(1574)	281.55	(7.64)	219.86	1.15	1.20	9.15	0.47	117.13	0.34	549.8	733.1	8.35
	% of Std.	103.2	166.2		117.0		76.2		71.9	170.20	61	131.28	76.12	393.14	196.08	192.31	157.20	136.15	129.28	114.04	142.3	158.6	155.69
Day: 6	Sum.	2880	99.5	13.8	473.3	65.7	71.3	22.3	199.1	48.89	3187	1,714.82	21.79	266.33	3.23	2.60	29.69	2.45	891.29	4.66	1690.3	1728.0	33.71
	Var.	80.1	36.5		98.3		(45.7)	22.3	(100.9)	23.89	(813)	814.82	(10.21)	191.33	2.03	1.30	13.69	1.15	491.29	2.26	390.3	478.0	18.71
	% of Std.	102.9	157.9		126.2		60.9		66.4	195.56	80	190.54	68.10	355.11	269.50	199.85	185.53	188.46	222.82	194.08	130.0	138.2	224.70
Day: 7	Sum.	2863	102.2	14.3	409.1	57.2	96.0	30.2	193.8	39.12	2793	1,358.57	29.00	289.17	4.75	4.64	37.33	2.61	601.03	4.60	2030.6	2153.0	26.25
	Var.	63.0	39.2		34.1		(21.0)	30.2	(106.2)	14.12	(1207)	458.57	(3.00)	214.17	3.55	3.34	21.33	1.31	201.03	2.20	730.6	903.0	11.25
	% of Std.	102.3	162.3		109.1		82.1		64.6	156.48	70	150.95	90.63	385.57	396.17	357.00	233.32	201.00	150.26	191.71	156.2	172.2	175.03



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 1

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories															
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Avg.</b>	2886	103.9	14.4	450.3	62.4	80.7	25.2	201.2	45.59	3047	1,394.84	24.72	258.82	3.03	3.01	28.43	2.38	712.47	4.04	1923.3	2093.2	27.38
<b>Std.</b>	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Var.</b>	85.8	40.9		75.3		(36.3)	25.2	(98.8)	20.59	(953)	494.84	(7.28)	183.82	1.83	1.71	12.43	1.08	312.47	1.64	623.3	843.2	12.38
<b>% of Std.</b>	103.0	165.0		120.1		69.0		67.1	182.37	76	154.98	77.25	345.09	252.83	231.89	177.68	183.32	178.12	168.16	147.9	167.5	182.50

Amounts in red include missing (unknown) nutrient values.



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 2

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

			Pro		CHO		Fat																
		Calories	(g)	% of Calories	(g)	% of Calories	(g)	% of Calories	Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Day: 1	Sum.	2891	94.5	13.1	460.1	63.6	79.6	24.8	162.6	43.03	3160	824.38	24.90	244.69	2.57	2.25	24.14	1.83	662.33	2.69	1747.9	2069.9	22.24
	Var.	91.3	31.5		85.1		(37.4)	24.8	(137.4)	18.03	(840)	-75.62	(7.10)	169.69	1.37	0.95	8.14	0.53	262.33	0.29	447.9	819.9	7.24
	% of Std.	103.3	150.0		122.7		68.1		54.2	172.11	79	91.60	77.81	326.26	213.83	173.23	150.89	140.62	165.58	112.13	134.5	165.6	148.29
Day: 2	Sum.	2885	111.6	15.5	489.8	67.9	57.5	17.9	258.6	51.51	3492	1,344.07	17.64	221.66	3.16	3.25	27.16	2.50	1022.89	4.14	2056.1	2358.6	31.05
	Var.	84.7	48.6		114.8		(59.5)	17.9	(41.4)	26.51	(508)	444.07	(14.36)	146.66	1.96	1.95	11.16	1.20	622.89	1.74	756.1	1108.6	16.05
	% of Std.	103.0	177.2		130.6		49.2		86.2	206.04	87	149.34	55.13	295.55	263.00	249.62	169.73	192.38	255.72	172.50	158.2	188.7	207.02
Day: 3	Sum.	2805	107.4	15.3	409.8	58.4	88.4	28.3	124.0	50.78	2204	1,476.11	26.98	292.88	2.52	2.36	27.87	2.10	620.65	2.66	1541.6	1835.9	22.54
	Var.	5.4	44.4		34.8		(28.6)	28.3	(176.0)	25.78	(1796)	576.11	(5.02)	217.88	1.32	1.06	11.87	0.80	220.65	0.26	241.6	585.9	7.54
	% of Std.	100.2	170.5		109.3		75.5		41.3	203.12	55	164.01	84.32	390.51	209.92	181.15	174.19	161.85	155.16	111.00	118.6	146.9	150.23
Day: 4	Sum.	2842	107.2	15.1	433.9	61.1	81.0	25.7	348.6	46.96	3726	1,105.63	26.39	237.06	2.56	2.84	24.11	2.22	842.97	4.14	2075.6	2179.8	31.39
	Var.	42.1	44.2		58.9		(36.0)	25.7	48.6	21.96	(274)	205.63	(5.61)	162.06	1.36	1.54	8.11	0.92	442.97	1.74	775.6	929.8	16.39
	% of Std.	101.5	170.2		115.7		69.3		116.2	187.85	93	122.85	82.46	316.08	213.33	218.15	150.69	170.85	210.74	172.50	159.7	174.4	209.23
Day: 5	Sum.	2889	98.4	13.6	439.7	60.9	90.6	28.2	227.6	38.64	3275	913.18	26.92	252.98	2.31	2.50	29.89	2.13	411.65	2.98	1974.2	2391.5	20.52
	Var.	89.2	35.4		64.7		(26.4)	28.2	(72.4)	13.64	(725)	13.18	(5.09)	177.98	1.11	1.20	13.89	0.83	11.65	0.58	674.2	1141.5	5.52
	% of Std.	103.2	156.2		117.3		77.5		75.9	154.56	82	101.46	84.11	337.31	192.25	192.31	186.79	163.54	102.91	124.29	151.9	191.3	136.80
Day: 6	Sum.	2879	89.8	12.5	459.3	63.8	77.7	24.3	192.9	35.15	3628	1,788.43	22.94	260.01	2.63	2.54	28.61	2.39	732.82	4.14	1556.6	1554.3	27.41
	Var.	79.5	26.8		84.3		(39.3)	24.3	(107.1)	10.15	(372)	888.43	(9.06)	185.01	1.43	1.24	12.61	1.09	332.82	1.74	256.6	304.3	12.41
	% of Std.	102.8	142.6		122.5		66.4		64.3	140.60	91	198.71	71.68	346.68	219.50	195.46	178.80	183.54	183.21	172.29	119.7	124.3	182.75
Day: 7	Sum.	2853	102.0	14.3	411.4	57.7	95.6	30.2	91.6	49.22	2682	886.34	28.77	291.06	2.38	2.45	25.79	2.93	682.43	3.93	1346.4	1477.5	25.70
	Var.	53.1	39.0		36.4		(21.4)	30.2	(208.4)	24.22	(1318)	-13.66	(3.24)	216.06	1.18	1.15	9.79	1.63	282.43	1.53	46.4	227.5	10.70
	% of Std.	101.9	162.0		109.7		81.7		30.5	196.87	67	98.48	89.89	388.08	198.17	188.69	161.20	225.38	170.61	163.79	103.6	118.2	171.34



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 2

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

		Pro		CHO		Fat																
	Calories	(g)	% of Calories	(g)	% of Calories	(g)	% of Calories	Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Avg.	2864	101.6	14.2	443.4	61.9	81.5	25.6	200.8	45.04	3167	1,191.16	24.93	257.19	2.59	2.60	26.80	2.30	710.82	3.53	1756.9	1981.1	25.84
Std.	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Var.	63.6	38.6		68.4		(35.5)	25.6	(99.2)	20.04	(833)	291.16	(7.07)	182.19	1.39	1.30	10.80	1.00	310.82	1.13	456.9	731.1	10.84
% of Std.	102.0	161.2		118.2		69.7		66.9	180.17	79	132.35	77.91	342.92	215.71	199.80	167.47	176.88	177.71	146.93	135.1	158.5	172.24

Amounts in red include missing (unknown) nutrient values.



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4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 3

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

		Calories	Pro		CHO		Fat		Chol	Fiber (g)	Na	Vit A	SFA	Vit C	Vit B1	Vit B2	Nia	Vit B6	Fola	Vit B12	Ca	P	Fe
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories	(mg)	(mg)	(mg)	(RAE)	(g)	(mg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mcg)	(mg)	(mg)	(mg)	
Day: 1	Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
	Sum.	2808	99.9	14.2	420.7	59.9	84.6	27.1	171.8	3748	2,011.72	27.85	262.41	2.23	2.38	22.04	2.11	385.57	2.74	1933.6	2092.6	18.47	
	Var.	8.3	36.9		45.7		(32.4)	27.1	(128.2)	12.12	(252)	1,111.72	(4.15)	187.41	1.03	1.08	6.04	0.81	(14.43)	0.34	633.6	842.6	3.47
	% of Std.	100.3	158.5		112.2		72.3		57.3	148.46	94	223.52	87.02	349.88	186.08	183.31	137.73	162.15	96.39	114.29	148.7	167.4	123.14
Day: 2	Sum.	2921	92.2	12.6	473.6	64.9	80.6	24.8	171.0	41.42	2945	763.96	23.41	242.84	2.39	2.76	30.60	2.34	642.02	4.06	1931.0	2156.7	28.81
	Var.	121.3	29.2		98.6		(36.4)	24.8	(129.0)	16.42	(1055)	-136.04	(8.59)	167.84	1.19	1.46	14.60	1.04	242.02	1.66	631.0	906.7	13.81
	% of Std.	104.3	146.3		126.3		68.9		57.0	165.69	74	84.88	73.15	323.78	199.08	212.38	191.24	179.69	160.50	169.00	148.5	172.5	192.07
	Sum.	2806	103.5	14.8	399.4	56.9	95.6	30.7	130.3	38.67	2844	1,442.04	27.88	246.23	2.78	2.47	30.29	2.00	558.65	2.82	1426.0	1959.2	19.92
Day: 3	Var.	6.0	40.5		24.4		(21.4)	30.7	(169.7)	13.67	(1156)	542.04	(4.12)	171.23	1.58	1.17	14.29	0.70	158.65	0.42	126.0	709.2	4.92
	% of Std.	100.2	164.3		106.5		81.7		43.4	154.70	71	160.23	87.13	328.30	231.75	190.08	189.33	153.69	139.66	117.29	109.7	156.7	132.81
	Sum.	2850	118.5	16.6	420.5	59.0	83.5	26.4	151.6	59.72	2817	1,113.35	27.27	274.55	2.60	3.40	28.86	3.07	906.43	6.58	1878.5	2017.4	35.92
	Var.	50.2	55.5		45.5		(33.5)	26.4	(148.4)	34.72	(1183)	213.35	(4.73)	199.55	1.40	2.10	12.86	1.77	506.43	4.18	578.5	767.4	20.92
Day: 4	% of Std.	101.8	188.1		112.1		71.4		50.5	238.88	70	123.71	85.23	366.07	216.58	261.46	180.39	235.77	226.61	274.29	144.5	161.4	239.48
	Sum.	2831	106.9	15.1	431.0	60.9	80.3	25.5	256.8	41.87	3179	1,724.34	22.62	260.18	2.69	2.84	31.20	2.51	693.92	4.35	1757.0	1977.6	29.04
	Var.	31.0	43.9		56.0		(36.7)	25.5	(43.2)	16.87	(821)	824.34	(9.38)	185.18	1.49	1.54	15.20	1.21	293.92	1.95	457.0	727.6	14.04
	% of Std.	101.1	169.7		114.9		68.7		85.6	167.47	79	191.59	70.69	346.91	224.17	218.54	194.98	192.77	173.48	181.42	135.2	158.2	193.57
Day: 5	Sum.	2867	104.7	14.6	455.5	63.5	77.4	24.3	199.5	52.19	2538	964.63	24.66	309.00	2.39	2.39	21.74	2.30	665.85	2.81	1979.2	2090.9	22.24
	Var.	66.9	41.7		80.5		(39.6)	24.3	(100.5)	27.19	(1462)	64.63	(7.34)	234.00	1.19	1.09	5.74	1.00	265.85	0.41	679.2	840.9	7.24
	% of Std.	102.4	166.3		121.5		66.2		66.5	208.78	63	107.18	77.07	412.00	198.92	184.08	135.87	176.77	166.46	116.88	152.2	167.3	148.29
	Sum.	2893	93.6	12.9	444.8	61.5	85.3	26.5	144.4	34.50	4502	1,119.78	22.10	227.14	2.69	2.86	32.81	2.38	629.22	4.51	1809.7	2009.1	26.91
Day: 6	Var.	93.4	30.6		69.8		(31.7)	26.5	(155.6)	9.50	502	219.78	(9.90)	152.14	1.49	1.56	16.81	1.08	229.22	2.11	509.7	759.1	11.91
	% of Std.	103.3	148.5		118.6		72.9		48.1	137.98	113	124.42	69.08	302.86	224.25	220.08	205.07	182.69	157.30	188.00	139.2	160.7	179.38



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 3

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

		Pro		CHO		Fat																
	Calories	(g)	% of Calories	(g)	% of Calories	(g)	% of Calories	Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Avg.	2854	102.8	14.4	435.1	61.0	83.9	26.5	175.0	43.64	3225	1,305.69	25.11	260.33	2.54	2.73	28.22	2.38	640.24	3.98	1816.4	2043.4	25.90
Std.	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Var.	53.9	39.8		60.1		(33.1)	26.5	(125.0)	18.64	(775)	405.69	(6.89)	185.33	1.34	1.43	12.22	1.08	240.24	1.58	516.4	793.4	10.90
% of Std.	102.0	163.1		116.0		71.7		58.3	174.57	81	145.08	78.48	347.11	211.55	209.99	176.37	183.36	160.06	165.88	139.7	163.5	172.68

Amounts in red include missing (unknown) nutrient values.



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 4

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

			Pro		CHO		Fat																
		Calories	(g)	% of Calories	(g)	% of Calories	(g)	% of Calories	Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	Std.	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
Day: 1	Sum.	2905	91.4	12.6	457.8	63.0	84.8	26.3	171.6	37.22	3275	1,512.83	26.94	290.40	2.59	2.28	26.76	1.71	648.98	2.89	1817.4	1970.0	22.87
	Var.	104.8	28.4		82.8		(32.2)	26.3	(128.4)	12.22	(725)	612.83	(5.06)	215.40	1.39	0.98	10.76	0.41	248.98	0.49	517.4	720.0	7.87
	% of Std.	103.7	145.0		122.1		72.5		57.2	148.86	82	168.09	84.18	387.20	216.17	175.08	167.24	131.46	162.24	120.25	139.8	157.6	152.44
Day: 2	Sum.	3023	117.4	15.5	493.6	65.3	69.7	20.8	243.4	59.20	4187	1,462.76	21.20	273.14	2.70	2.81	25.42	2.71	1034.05	4.17	2286.1	2598.4	32.44
	Var.	222.7	54.4		118.6		(47.3)	20.8	(56.6)	34.20	187	562.76	(10.80)	198.14	1.50	1.51	9.42	1.41	634.05	1.77	986.1	1348.4	17.44
	% of Std.	108.0	186.3		131.6		59.6		81.1	236.80	105	162.53	66.24	364.19	224.75	215.85	158.89	208.38	258.51	173.63	175.9	207.9	216.29
Day: 3	Sum.	2852	92.3	12.9	403.0	56.5	102.7	32.4	95.6	47.91	2028	997.22	31.34	280.58	2.45	2.24	23.93	2.33	520.35	2.53	1419.8	1455.4	21.17
	Var.	51.7	29.3		28.0		(14.3)	32.4	(204.4)	22.91	(1972)	97.22	(0.67)	205.58	1.25	0.94	7.93	1.03	120.35	0.13	119.8	205.4	6.17
	% of Std.	101.8	146.5		107.5		87.8		31.9	191.64	51	110.80	97.92	374.10	203.75	172.46	149.53	179.54	130.09	105.58	109.2	116.4	141.13
Day: 4	Sum.	2914	122.1	16.8	480.1	65.9	61.4	19.0	329.2	53.52	2591	1,540.59	19.14	248.84	3.38	2.93	30.60	2.39	868.80	4.16	1859.3	2036.3	35.43
	Var.	114.3	59.1		105.1		(55.6)	19.0	29.2	28.52	(1409)	640.59	(12.86)	173.84	2.18	1.63	14.60	1.09	468.80	1.76	559.3	786.3	20.43
	% of Std.	104.1	193.8		128.0		52.5		109.7	214.09	65	171.18	59.80	331.78	281.67	225.54	191.24	183.62	217.20	173.38	143.0	162.9	236.19
Day: 5	Sum.	2913	104.0	14.3	445.3	61.2	84.6	26.1	279.3	45.10	2461	1,294.14	28.02	288.51	4.31	4.61	26.29	2.68	555.02	5.10	1888.0	1955.1	25.00
	Var.	112.5	41.0		70.3		(32.4)	26.1	(20.7)	20.10	(1539)	394.14	(3.98)	213.51	3.11	3.31	10.29	1.38	155.02	2.70	588.0	705.1	10.00
	% of Std.	104.0	165.1		118.8		72.3		93.1	180.41	62	143.79	87.55	384.68	359.08	354.62	164.29	206.38	138.75	212.54	145.2	156.4	166.63
Day: 6	Sum.	2942	116.6	15.9	472.8	64.3	68.6	21.0	323.0	48.64	3759	842.77	21.55	273.38	2.83	2.96	30.28	2.67	860.00	4.35	1768.3	1930.0	30.63
	Var.	142.1	53.6		97.8		(48.4)	21.0	23.0	23.64	(241)	-57.23	(10.45)	198.38	1.63	1.66	14.28	1.37	460.00	1.95	468.3	680.0	15.63
	% of Std.	105.1	185.1		126.1		58.7		107.7	194.56	94	93.64	67.33	364.51	236.00	227.62	189.24	205.15	215.00	181.08	136.0	154.4	204.17
Day: 7	Sum.	2937	106.7	14.5	414.7	56.5	98.2	30.1	171.2	45.14	3816	1,394.15	26.97	281.75	2.55	2.81	30.66	2.62	690.72	4.31	1835.3	2052.9	29.73
	Var.	136.6	43.7		39.7		(18.9)	30.1	(128.8)	20.14	(184)	494.15	(5.04)	206.75	1.35	1.51	14.66	1.32	290.72	1.91	535.3	802.9	14.73
	% of Std.	104.9	169.4		110.6		83.9		57.1	180.55	95	154.91	84.27	375.67	212.17	216.15	191.64	201.85	172.68	179.71	141.2	164.2	198.21



## Cycle Menu - Weekly Nutritional Analysis

4/4/2023 1:15PM

**Profit Center:** NOSS - VP  
**Location:** Downers Grove Regional Office  
**Service Area:** NOSS Main (template only)  
**Menu Name:** IN DOC Juvy Spring Summer rebid 2023  
**Age Group:** Male/Female 9-18 Years Old DRI-RDA

**Period:** All

**Week:** 4

**Avg. Method:** Weighted

Blank cells represent missing (unknown) nutrient values.

	Calories	Pro		CHO		Fat		Chol (mg)	Fiber (g)	Na (mg)	Vit A (RAE)	SFA (g)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Nia (mg)	Vit B6 (mg)	Fola (mcg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
		(g)	% of Calories	(g)	% of Calories	(g)	% of Calories															
<b>Std.</b>	2800	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Avg.</b>	2926	107.2	14.7	452.5	61.8	81.4	25.0	230.5	48.10	3159	1,292.07	25.02	276.66	2.97	2.95	27.70	2.44	739.70	3.93	1839.2	1999.7	28.18
<b>Std.</b>	2800.0	63.0		375.0		117.0	<= 0.00	300.0	25.00	4000	900.00	32.00	75.00	1.20		16.00	1.30	400.00	2.40	1300.0	1250.0	15.00
<b>Var.</b>	126.4	44.2		77.5		(35.6)	25.0	(69.5)	23.10	(841)	392.07	(6.98)	201.66	1.77	1.65	11.70	1.14	339.70	1.53	539.2	749.7	13.18
<b>% of Std.</b>	105.0	170.2		120.7		69.6		76.8	192.42	79	143.56	78.19	368.88	247.65	226.76	173.15	188.05	184.93	163.74	141.5	160.0	187.87

Amounts in red include missing (unknown) nutrient values.